Cashew Thunder

Nutrition Facts

Serving Size: 1/2 cup (30g)
Servings Per Container: Varies

Amount Per Serving

Calories 140	Calories from Fat 70
	% Daily Value**
Total Fat 7g	**11%**
Saturated Fat 3g	**15%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 55mg	**2%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 0g	**0%**
Sugars 11g	
Protein 1g	

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 2%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Brown sugar, popcorn, cashews (roasted in peanut oil), partially hydrogenated vegetable oil (palm kernel, palm), corn syrup, white sugar, whole milk powder, cocoa, non-fat dry milk powder, reduced mineral whey, corn oil, water, butter (cream, salt), soy lecithin, baking soda, salt, natural & artificial flavors.

Allergy Information: Contains Milk, Peanuts, Cashews and Soy.